| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 1 <br> Chicken and Biscuit Broccoli <br> Butternut Squash Shortbread Cookies | 2 <br> Sliced Pork w/Fiesta <br> Sauce <br> Mashed Sweet <br> Potatoes <br> Green Beans <br> WW Dinner Roll <br> Applesauce | 3 <br> Salisbury Steak <br> w/Gravy <br> Mashed Potatoes <br> Vegetable Trio <br> SF Chocolate Pudding | 4 <br>  <br> Ham <br> Peas \& Carrots <br> Lima Beans <br> Fresh Orange | 5 <br> Eggplant Parmesan <br> Pasta w/Marinara <br> Sauce <br> Asparagus <br> WW Dinner Roll <br> Yogurt |
| 8 <br> Cubed Pork \& White <br> Bean Casserole <br> Spinach <br> Warm Berry Crisp <br> WW Dinner Roll | 9 <br> Chicken A La King <br> Egg Noodles <br> Mixed Vegetables <br> Carrot Muffin <br> Mandarin Oranges | 10 <br> Meatballs in Sauce <br> Pasta w/Sauce <br> Broccoli <br> Fruit Cocktail | 11 <br> Turkey Divan Mashed Potatoes Butternut Squash WW Dinner Roll Applesauce | 12 <br> LS Ham \& Swiss Cheese on Bun Mustard Potato Salad Marinated Vegetable Salad Banana |
| 15 <br> Baked Chicken <br> w/Gravy <br> Mashed Sweet <br> Potato <br> Vegetable Trio <br> SF Chocolate Cookies | 16 <br> Beef Pepper Steak <br> Rice Pilaf <br> Mixed Vegetables <br> WW Dinner Roll <br> Tropical Fruit | 17 <br> Macaroni \& Cheese <br> Stewed Tomatoes <br> Lima Beans <br> Mandarin Oranges | 18 <br> Italian Stew <br> Orzo Pasta <br> Green Beans WW Dinner Roll SF Vanilla Pudding | 19 <br> Tuna Noodle Casserole Peas \& Carrots Broccoli Corn Muffin Banana |
| 22 <br> Sloppy Joe Casserole Spinach Cauliflower Shortbread Cookies | 23 <br> Ranch Chicken <br> Oven Roasted <br> Potatoes <br> California Blend <br> Vegetables <br> Corn Muffin <br> Peaches | 24 Birthday Special <br> Turkey Salad on Bun <br> Coleslaw <br> Marinated <br> Green <br> Beans <br> Frosted <br> Cake | 25 <br> Meatloaf w/Gravy <br> Mashed Potatoes <br> Vegetable Trio <br> Shortbread Cookies | 26 <br> Turkey Chili <br> Beets <br> Mixed vegetables <br> Corn Muffin <br> Yogurt |
| 29 <br> Sausage w/ Peppers \& Onions on Roll Oven Roasted Potatoes Butternut Squash Mandarin Oranges | 30 <br> Shepherd's Pie <br> Spinach <br> Warm Cranberry <br> Crunch <br> Applesauce |  |  |  |

## Menu Subject to Change

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging \& Youth Services for more details. The suggested contribution is $\$ 2$ per meal. There is a $\$ 8$ fee for guests under the age of 60 . Please make checks payable to: Saratoga County Treasurer, c/o Saratoga County Department of Aging \& Youth Services, 152 West High Street, Ballston Spa, NY 12020

