



Disaster Preparedness Team:

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Are you Ready

TO
PROTECT YOURSELF
AND YOUR FAMILY IN AN
EMERGENCY?



This emergency preparedness planning
pamphlet is provided by the
Town of Milton
Disaster Preparedness Team

Please go to the Town of Milton website www.townofmiltonny.org to register for email notifications during an emergency or any pertinent town information.



Emergency Preparedness

Many people are concerned about the possibility of a disaster. You can take steps now to help you prepare for an emergency and cope if an emergency does happen. In a disaster local officials and relief workers cannot reach everyone immediately. Help may not arrive for hours or in several cases days. If a disaster strikes the community, you might not have access to food, water, or electricity for some time. You should have emergency kits for your home, office, school, and car. Here are some steps you can take to help your family stay safer and healthier during and after a disaster.

EMERGENCY SUPPLIES KIT

- Water- one gallon per person per day for drinking and sanitation – store 3 day supply
- Ready to eat food, canned juices, comfort type foods – at least a 3 day supply (don't forget your pet food)
- Mess kit, paper plates, cups, plastic utensils and paper towels
- Battery powered or hand crank radio, and extra batteries
- Flashlight
- First aid kit
- Non-prescription medication, contact lenses, denture needs
- Whistle to signal for help
- Manual can opener
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Personal hygiene items
- Plastic sheeting and duct tape
- Jacket or coat, hat and gloves
- A complete change of clothing including long pants, long sleeve shirt, and sturdy boots
- Sleeping bag or warm blanket for each person
- Matches in a water proof container
- Cash/Change
- Passport, bank and credit card account numbers, companies
- Important family documents such as copies of insurance policies
- Books, games, puzzles, portable music device

This basic kit can be modified to meet your family's personal needs. Re-think your kit and family needs at least once a year, so they are safe to use when needed.

ALCOHOL, ILLEGAL DRUGS, AND WEAPONS ARE STRICTLY PROHIBITED

No pets will be allowed in the shelter, with the exception being service animals. The Town of Milton will make other arrangements for setting up a separate shelter for pets.

WHAT TO EXPECT

When you first enter, a registrar will take your information. Parents are responsible for their children. Basic meals will be served. Anyone with dietary restrictions will be responsible for their food items. All will be required to sign in and out of the shelter. A strict curfew will be enforced. Residents will be requested to assist with the operation of the shelter. NO prepared food can be accepted by the shelter. Food must be prepared on premises.

If you have any questions please don't hesitate to call 518-885-9220 ext 142.

Thank you for your cooperation,
The Disaster Preparedness Team

Our team hopes that the need to use any of the provisions described in this pamphlet never arise, but, when trouble comes, there is no substitute for

BEING PREPARED

On these pages you will find information on:

- What to do protect yourself
- Items to keep in store
- Actions which you may choose to take
- Agencies and individuals you can turn to for assistance

Please keep this pamphlet in a place where it will be a handy reference. Any questions you may have can be addressed to:

William Lewis, Disaster Preparedness Coordinator
for the Town of Milton

Office No. 518-885-9220 ext. 142

Our mission is to help the residents of the town and surrounding areas to protect themselves from natural or man-made incidents by providing vital information and/or shelter for their protection.

An ice storm, hurricane, health threat, or an act of terrorism can occur quickly and without warning. Be ready to protect yourself and your family by following these safety steps.

1. DEVELOP A FAMILY EMERGENCY PLAN. Emergencies may strike anywhere. Develop a plan at home.
2. STOCK UP ON EMERGENCY SUPPLIES. Be prepared to make it on your own if services are lost. A minimum of three days, probably longer is a good start. Learn what emergency tools and supplies you should stock up on.
3. BE AWARE. Sign up for NY ALERT at www.nyalert.gov to receive emergency notifications. Also know what other resources can provide you with up to date information during an emergency. Pay attention to the news, and know your surroundings.
4. REVERSE 911 – Saratoga County – the 911 system calls to alert residents of a potential problem.

Town of Milton Emergency Shelter Information:

All area residents are encouraged to utilize the services of any shelter nearest you.

The Town of Milton Community Center at 310 Northline Road, Ballston Spa will be the primary shelter. Enter the building through the main doors. Signs will be provided directing where to go.

The secondary shelter will be located at Rock City Falls Fire Department Station #1 1119 Rock City Road, Rock City Falls.

WHAT TO BRING WITH YOU TO A SHELTER
Your pillow, books, playing cards and child's toys. Bring any important papers you might need such as identification, passport, insurance policies, prescriptions, MEDICATIONS, etc. Personal items and a change of clothes are a good idea. No perfumes or fragrances due to sensitivity.

IN THE HOME

- Stay away from windows and doors.
- DO NOT use corded phones.
- DO NOT lie on concrete floor or against concrete walls.
- DO NOT take a bath or shower.
- Unplug appliances and other electrical items.

OUTSIDE THE HOME

- Avoid anything metal.
- Avoid hilltops, open fields, the beach or a boat on the water,
- Avoid isolated trees or sheds in an open area.

To check these and other facts go to:

www.ready.gov/thunderstorms-lightning
www.kidslightning.info

WINTER STORMS

If your vehicle gets stuck have a survival kit with you including gloves, scarf, hats, water resistant boots, a bag of kitty litter, shovel, flashlight, and blanket. Avoid unnecessary travel and make sure your gas tank is full.

TORNADO PREPAREDNESS

- Be alert for changing weather conditions.
- Be alert for blowing debris or the sound of a "freight train".
- If in a manufactured home or a car, find alternative safety.
- If inside, find a room with no windows.
- If outside, hurry to a basement of a sturdy building or lie flat in a ditch or low-lying area.
- AFTER a tornado strikes don't venture outside. If you must, watch for downed power lines.
- Wear sturdy shoes.
- Check to make sure utilities are turned off.

FIRE PREPAREDNESS

FIRE IS ONE OF THE MOST COMMON DISASTERS. FIRE CAUSES MORE DEATHS THAN ANY OTHER TYPE OF DISASTER.

- Have smoke alarms working and test once a month.
- Have a working fire extinguisher in the kitchen and make sure everyone knows how to use it.
- Pick a safe place outside to meet after escaping
- Make sure there are two routes, in case one is blocked.
- Always feel a door before opening it. If it's hot leave it!
- Create an escape plan and practice on a regular basis.
- NEVER re-enter a burning building.

FLOOD PREPAREDNESS

Determine whether you're in a flood area.
Head for high ground and stay away from the water.

BASIC SURVIVAL KITS TO HAVE ON HAND

FIRST AID KITS – Gauze, conforming wrap, band-aids, aspirin/Tylenol, hand sanitizer, Kleenex, alcohol wipes, thermometer, tweezers, tape, cotton swabs, plastic bags, and emergency blankets.

SAFETY KITS – flashlights, extra batteries, hand crank radio, and light sticks.

PET KITS – Pet information, food, water, dishes for both, chew sticks, blankets, and rope/leash.

PERSONAL KITS – Water, rubber or non-latex gloves, food bars, whistle, scissors, toilet paper, and moist wipes.

NATURAL DISASTERS

THUNDERSTORMS

All thunderstorms are dangerous. Each produces lightning and 80 people are killed each year by lightning.

Fact about lightning:

- It does strike twice.
- It does strike water.
- It does not only strike metal.
- Surge suppressors and protectors ARE NOT safe.
- Vehicles ARE NOT safe because of rubber tires.
- Underground wiring IS NOT safe.
- Heat lightning IS NOT caused by heat.
- Rubber shoes DO NOT attract lightning.
- Wearing metal DOES NOT attract lightning.

During a thunderstorm if you are in an open area go to a low place such as a ravine or valley. DO NOT be the tallest object around! If you feel your hair stand on end lightning is about to strike! Squat low to the ground on the balls of your feet. Place your hands over your ears and your head between your knees. Make yourself the smallest target possible. DO NOT lie flat on the ground.